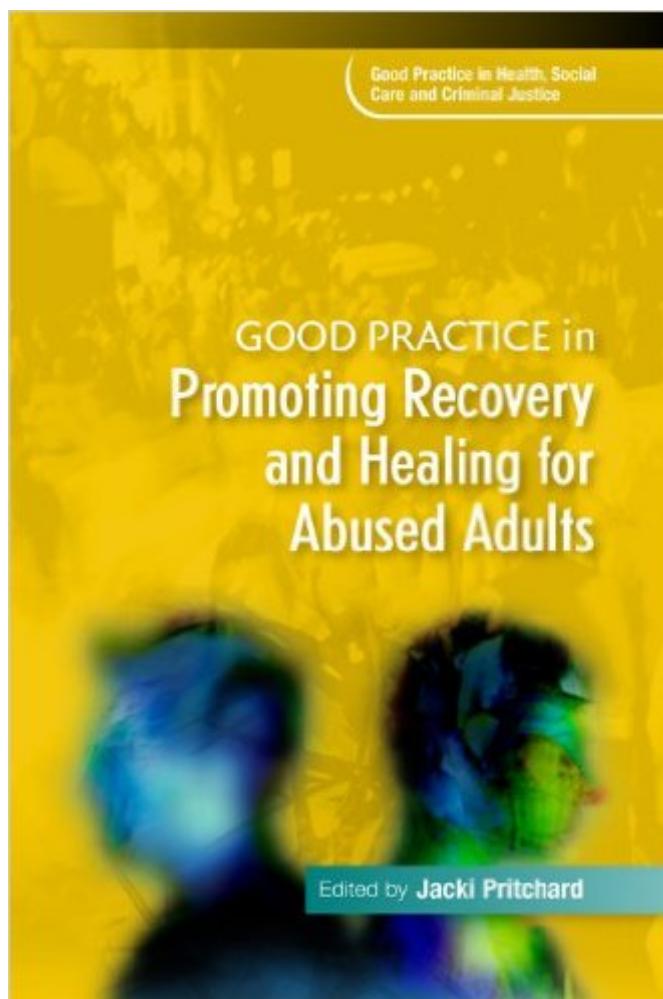


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# Good Practice In Promoting Recovery And Healing For Abused Adults (Good Practice In Health, Social Care And Criminal Justice)



## **Synopsis**

What constitutes real recovery for adult victims of abuse? Current support offered to adults is often poorly planned and informed; this book sheds light on the true impact of abuse and how it can be healed. *Good Practice in Promoting Recovery and Healing for Abused Adults* explores the idea of 'recovery' being something physical in the short-term and 'healing' as an emotional process for long-term work. The book features chapters written by practitioners and researchers from various backgrounds and gives an insight into how to be creative in helping both male and female victims through recovery and healing processes. The prologue introduces the views of victims themselves before the opening chapter considers how recovery and healing should fit into the adult safeguarding process. The chapters then describe creative therapeutic methods which can be employed to help victims recover and to heal in different settings, whilst highlighting the long-term effects of abuse and the subsequent issues to be addressed. The issues covered range from child sexual abuse, domestic abuse and sex trafficking to the abuse of men and holocaust victims. With pedagogical features throughout, the book is essential reading for social workers, nurses, housing officers, support workers, counsellors, therapists, and for anyone working with adults who have experienced abuse in childhood or adulthood.

## **Book Information**

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